

Tower Hamlets Health and Wellbeing Board

Supplemental Agenda 2

Tuesday, 6 February 2024 at 5.00 p.m.
Council Chamber - Town Hall, Whitechapel

Members:

Chair: Councillor Gulam Kibria Choudhury

Vice Chair:

Councillor Kabir Ahmed, Cabinet Member for Housing Management and Performance
Councillor Saied Ahmed, Cabinet Member for Resources
Councillor Maium Talukdar, Cabinet Member for Education & Childrens Services
Dr Somen Banerjee, Director of Public Health, LBTH
Layla Richards, Acting Director Representing Corporate Director Children Social Care
Denise Radley, (Corporate Director, Health and Social Care)
Matthew Adrien, Service Director at Healthwatch Tower Hamlets
Dr Neil Ashman, Chief Executive of The Royal London and Mile End hospitals
Dr Ian Basnett, Public Health Director, Barts Health NHS Trust
Councillor Ahmodur Khan, Chair of the Health Scrutiny Sub-Committee
Councillor Amy Lee, Non-Executive Largest Opposition Group Councillor
Lucie Butler, Director of Nursing and Governance, Barts Health
Amy Gibbs, Chair of Tower Hamlets Together
Zainab Arian, Acting Chief Executive Officer at Tower Hamlets GP Care Group CIC
Vicky Scott, Chief Executive Officer THCVS
Warwick Tomsett, Joint Director, Integrated Commissioning
Helen Wilson, Clarion Housing/THHF - representative to HWBB

Co-opted Members:

Substitutes: Councillor Suluk Ahmed, Councillor Iqbal Hossain and Councillor Mohammad Chowdhury

[The quorum for this body is 3 voting Members]

Contact for further enquiries:





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<http://www.towerhamlets.gov.uk/committee>



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Public Information

Questions

Before the formal business of the Board is considered, up to 15 minutes are available for public questions on any items of business on the agenda. Please send questions to the Officer below by 5pm the day before the meeting.

Viewing or Participating in Committee Meetings

The meeting will be broadcast live on the Council's website. A link to the website is detailed below. The press and public are encouraged to watch this meeting on line.

Please note: Whilst the meeting is open to the public, the public seating in the meeting room for observers may be limited due to health and safety measures. You are advised to contact the Democratic Services Officer to reserve a place.

Meeting Webcast

The meeting is being webcast for viewing through the Council's webcast system.
<http://towerhamlets.public-i.tv/core/portal/home>

Electronic agendas reports and minutes.

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A Guide to the Health and Wellbeing Board

The aim of the Tower Hamlets Health and Wellbeing Board (HWBB) is to improve the health and wellbeing of Borough residents. To achieve this, the Board will carry out the following:

To encourage joint working between health or social services providers in Tower Hamlets for the advancement of the health and wellbeing of Borough residents.

To identify needs and priorities across Tower Hamlets and publish and refresh the Tower Hamlets Joint Strategic Needs Assessment (JSNA) so that future commissioning/policy decisions are based on evidence.

To prepare the Joint Health and Wellbeing Strategy.

To be involved in the development of any Clinical Commissioning Group Commissioning (CCG) Plan that applies to Tower Hamlets and to give its opinion to the CCG on any such proposed plan.

To communicate and engage with local people on how they could achieve the best possible quality of life and be supported to exercise choice and control over their personal health and wellbeing. This will involve working with Local HealthWatch to make sure there's a continuous dialogue with the public to ensure services are meeting need.

To carry out new functions as requested by the Secretary of State and as advised in guidance issued from time to time.

The quorum of the Board in the Terms of Reference is a quarter of the membership.

Public Engagement

Meetings of the committee are open to the public to attend, and a timetable for meeting dates and deadlines can be found on the council's website.



London Borough of Tower Hamlets
Tower Hamlets Health and Wellbeing Board

Tuesday, 6 February 2024

5.00 p.m.

2. Health Promoting Leisure Services – Cover Report (PAGES 7 - 10)

REPORT ATTACHED:

Next Meeting of the Tower Hamlets Health and Wellbeing Board

Tuesday, 16 April 2024 at 5.00 p.m. to be held in Council Chamber - Town Hall,
Whitechapel




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Tower Hamlets Town Hall
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Agenda Item 2

Non-Executive Report of the: Health and Wellbeing Board 6 th February 2024	 Tower Hamlets Health and Wellbeing Board
Report of:	Classification: Unrestricted
Report Title: Health Promoting Leisure – Draft Theory of change	

Originating Officer(s)	Amelie Gonguet – Public Health programme manager for Leisure Insourcing Katy Scammell – Associate Director of Public Health Simon Jones – Head of Leisure operations
Wards affected	All wards

Executive Summary

From the 1st May 2024 the Leisure centres in Tower Hamlets are being brought back in house by the council. This insourcing project provides a huge opportunity to come together as a system to implement activities that will support health and wellbeing and address inequalities. This requires strong relationships and integration between leisure and health and social care partners.

Developing a theory of change is a first step towards this integrated approach, helping to provide a joined-up strategic vision on how the new leisure service will deliver health and wellbeing outcomes.

Recommendations:

Having reviewed the draft theory of change model, the Health and Wellbeing Board is recommended to consider the following questions:

- What are your comments on the logic model?
- How can we come together as a system to support delivery of the logic model?
- How can we get engagement and commitment in your organisations to build pathways for priority groups?

Health and Wellbeing Strategy:

The Health and Wellbeing Strategy is grounded upon 6 principles that matter most to residents of Tower Hamlets. Detail how this report relates to these principles:

1. Resources to support health and wellbeing should go to those who most need it
This work aims to develop a specialist/targeted offer to support those facing the biggest barriers to engage with physical activity.
2. Feeling connected and included is a foundation of wellbeing and the importance of this should be built into services and programme
This work aims to support the development of an offer that promotes connection, belonging, and enjoyment through a range of activities presented on the logical model.
3. Being treated equally, respectfully and without discrimination should be the norm when using services
This work aims to ensure that people feel supported with the new service and are confident to be treated respectfully without discrimination.
4. Health and wellbeing information and advice should be clear, simple, and produced with those who will benefit from them
This work aims to ensure inclusive & empowering communication using evidence based behavioral science and working alongside the community.
5. People should feel that they have equal power in shaping and designing services and programme that impact on their health and wellbeing
Wherever possible this work aims to co-design, test and accept solutions with the community.

6. We should all be working together to make the best use of the assets we already have that support people's health and wellbeing.

This work aims to strengthen relationships and integration with local assets and partners including NHS, social care, CVS and community groups to prioritise health and wellbeing and encourage co-location and co-delivery of services.

1. **REASONS FOR THE DECISIONS**

1.1. To inform and support with the delivery of the theory of change.

2. **ALTERNATOVE OPTIONS**

2.1. N/A

3. **DETAILS OF THE REPORT**

3.1. Refer to the relevant PDF presentation.

4. **EQUALITIES IMPLICATIONS**

4.1. N/A

5. **OTHER STATUTORY IMPLICATIONS**

5.1. N/A

6. **COMMENTS OF THE CHIEF FINANCE OFFICER**

6.1. N/A

7. **COMMENTS OF LEGAL SERVICES**

7.1. N/A

Linked Reports, Appendices and Background Documents

Linked Report

- INSERT LINK

Appendices

- INSERT LINK

Local Government Act, 1972 Section 100D (As amended)

List of “Background Papers” used in the preparation of this report

List any background documents not already in the public domain including officer contact information.

- These must be sent to Democratic Services with the report
- State NONE if none.

Officer contact details for documents: